Down on the Farm Advancements

Lion Activities

*Mountain Lion (will earn loop by completing the following 3 requirements)*

1. Gather the outdoor items you need to have with you when you go on an outdoor adventure to observe nature or animals, and understand how they are used. Also understand and commit to practicing the buddy system.
2. Learn what SAW (Stay, Answer, Whistle) means. Demonstrate what you can do to stay safe if you become separated from the group when you are outdoors.
3. Demonstrate an understanding of respect for animals and nature when participating in a learning hike.

*Ready, Set, Grow (will earn loop by completing the following 3 requirements)*

1. Visit with an individual by video who can demonstrate different ways to garden (outside, greenhouse, container, etc.) and the basic skills needed to garden.
2. Learn where the food we eat comes from (by worksheets and video)
3. Plant a small container garden (terrarium)

Tiger Activities

*My Tiger Jungle (will earn loop by completing the following 4 requirements)*

1. With your parent, guardian, or other caring adult, go for a walk outside, and pick out two or more sights or sounds of "nature" around you. Discuss with your partner or den.
2. Take a 1-foot hike. Make a list of the living things you find on your 1-foot hike. Discuss these plants or animals with your parent, guardian, other caring adult, or with your den.
3. Be helpful to nature by planting a plant
4. Build and hang a birdhouse.

*Tiger Bites (will earn loop by completing the following 4 requirements)*

1. With your parent, guardian, other caring adult, or den, find out about good food choices and not-so-good choices. Identify three foods that you think would be good choices and three foods that would not be good choices.
2. Explain the importance of hand washing before a meal and clean-up after a meal. Then show how you would do each.
3. Show that you know the difference between a fruit and a vegetable. Eat one of each.
4. With your parent, guardian, or other caring adult, plan and make a good snack choice or other nutritious food to share with your family at home.
Wolf Activities

Grow Something (will earn loop by completing these 4 requirements)

1. Select a seed, and plant it in a small container. Care for it for 30 days. Take a picture or make a drawing of your plant once each week to share with your den or family.

2. Find out the growing zone for your area, and share the types of plants that will grow best in your zone.

3. Visit or research a botanical or community garden in your area, and learn about two of the plants that grow there. Share what you have learned with your den or family.

4. Complete one of the following:
   A. Make a terrarium.

Call of the Wild (will earn loop by completing these five requirements)

1. Participate in Day Camp in a Box

2. With your family or den, make a list of possible weather changes that could happen during your outing according to the time of year you are outside. Tell how you will be prepared for each one.

3. Recite the Outdoor Code with your leader. Recite the Leave No Trace Principles for Kids with your leader. Talk about how these principles support the Outdoor Code. After your outdoor activity or campout, list the ways you demonstrated being careful with fire or other dangers.

4. In case of a natural disaster such as an earthquake or flood. Show you know how to keep from spreading germs.

5. While on a den or family outing, identify four different types of animals you see or explain evidence of their presence. Tell how you identified them.
**Bear Activities:**

*Bear Picnic Basket (will earn the loop by completing these 3 requirements to make butter, cornbread, cut apples and celery sticks, and ice cream)*

1. With a family member or den leader, prepare for cooking by explaining the importance of planning, tool selection, sanitation, and cooking safety.
2. Select and prepare two nutritious snacks for yourself, your family, or your den.
3. With the help of an adult, select a recipe to prepare in a kitchen for your den or your family. Help to select the needed ingredients, perhaps from a garden, grocery store, or farmers' market. Cook and serve your planned meal. Clean up after the preparation and cooking.

**Critter Care (will earn the loop by completing these 3 requirements)**

1. Watch the video on veterinary care from Lincoln Memorial University’s School of Veterinary Medicine.
2. Using the provided worksheet, what do you need to do to take care of an animal? Write down an animal that you are interested in caring for, and how you would care for it.
3. Give a presentation to your family one what you learned about this animal. You might put together a PowerPoint presentation or a poster on the animal. A set of animal coloring sheets have been included with the packet to help you give you create your presentation.

**Webelo/Arrow of Light**

**ART EXPLOSION**

Complete Requirements 1-3.

1. Visit an art museum, gallery, or exhibit. Discuss with an adult the art you saw. What did you like?
2. Create two self-portraits using two different techniques, such as drawing, painting, printmaking, sculpture, and computer illustration.
3. Do two of the following:
   - Draw or paint an original picture outdoors, using the art materials of your choice.
   - Use clay to sculpt a simple form.
   - Create a freestanding sculpture or mobile using wood, metal, papier-mâché, or found or recycled objects.
   - Make a display of origami or kirigami projects.
Emergency Preparedness Award

Individual Emergency Preparedness Award Requirements

Tiger Requirements

1. Cover a family fire plan and drill, and what to do if separated from the family.
2. Discuss a family emergency plan with the family.
3. Create, plan, and practice summoning help during an emergency.
4. Working with a first aid instructor from the American Red Cross, Emergency Care and Safety Institute, or American Heart Association go over some basic first aid they feel is appropriate. Practice how to clean and bandage a cut to your finger and a scrape to your knee.
5. Join a safe kids program such as McGruff Child Identification, Internet Safety, or Safety at Home.
6. Show and tell your family household what you have learned about preparing for emergencies.

Wolf Requirements

1. Create a checklist to keep your home safe.
2. Discuss a family emergency plan with the family.
3. Create, plan, and practice summoning help during an emergency.
4. Learn emergency skills and care for choking, wounds, nosebleeds, falls, and animal bites. The emergency skills should include responses for fire safety, poisoning, water accidents, substance abuse, and more.
5. Join a safe kids program such as the McGruff Child Identification program. Put on a training program for your family or den on stranger awareness, Internet safety, or safety at home.
6. Make a presentation to your family on what you have learned about preparing for emergencies.

Bear Requirements

1. Create, plan, and practice summoning help during an emergency.
2. Learn how to shut off utilities to your home in an emergency.
3. Learn simple rescue techniques.
4. Learn emergency skills and care for choking, wounds, nosebleeds, falls, and animal bites. The emergency skills should include responses for fire safety, poisoning, water accidents, substance abuse, and more.
5. Put together a family emergency kit for use in the home.
6. Organize a safe kids program such as the McGruff Child Identification program. Put on a training program for your family or den on stranger awareness, Internet safety, or safety at home.
7. Make a small display or give a presentation for your family or den on what you have learned about preparing for emergencies.
Webelos Scout Requirements

1. Learn rescue techniques.
2. Build a family emergency kit, with an adult family member participating in the project.
3. Take a first-aid course.
4. Learn to survive extreme weather situations.
5. Learn about stranger awareness, Internet safety, or safety at home.
6. Give a presentation to your den on preparing for emergencies.